

10th Run the Rock - Texada Island, BC - August 20, 2023

Marathon - Shelter Point to Shelter Point Loop, 7:00 am start

| Pl. | Time | Bib# | Name | Sex | City |
|-----|---------|------|------------------|-----|-----------------|
| 1 | 3:27:39 | 574 | Daniel Wilson | M | Comox |
| 2 | 3:51:20 | 571 | Jody Lownds | F | Black Creek |
| 3 | 4:28:05 | 567 | Michila Andersen | F | Parksville |
| 4 | 4:48:06 | 570 | Jasmine Kler | F | North Vancouver |
| 5 | 4:55:34 | 573 | Essence Summer | F | Nanaimo |
| 6 | 5:29:50 | 568 | Clayton Bristow | M | Chilliwack |
| 7 | 7:44:00 | 572 | Rob McWilliam | M | Gillies Bay |

Half Marathon - Van Anda to Shelter Point, 8:30 am start

| Pl. | Time | Bib# | Name | Sex | City |
|-----|---------|------|----------------------|-----|--------------|
| 1 | 1:22:57 | 382 | Stuart White | M | Victoria |
| 2 | 1:34:03 | 362 | Anatoly Gusev | M | Makhachkala |
| 3 | 1:40:23 | 364 | Valerie Hodgins | F | Cumberland |
| 4 | 1:43:21 | 377 | Tavia Pol | F | Vernon |
| 5 | 1:48:18 | 358 | Tamir Barzilai | M | Vancouver |
| 6 | 1:48:26 | 374 | Anton Mordkovich | M | Vancouver |
| 7 | 1:53:22 | 370 | Cameron McPhail | M | Powell River |
| 8 | 1:53:26 | 380 | Roslyn Smith | F | Comox |
| 9 | 1:53:47 | 383 | Nikki Wilson | F | Comox |
| 10 | 1:57:20 | 385 | Maya Zandstra | F | Vancouver |
| 11 | 1:57:58 | 378 | Laura Purdon | F | Calgary |
| 12 | 1:59:55 | 365 | Soohyeon Hwang | F | Powell River |
| 13 | 2:01:02 | 379 | Margaret Rairie | F | Gillies Bay |
| 14 | 2:03:52 | 381 | Riqui Ward | F | Powell River |
| 15 | 2:09:24 | 384 | Anna Zandstra | F | Vancouver |
| 16 | 2:11:08 | 363 | Julie Herman-Lemelin | F | Lund |
| 17 | 2:11:08 | 366 | Ron Linden | M | Lund |
| 18 | 2:11:24 | 373 | Stephannie Miller | F | Vernon |
| 19 | 2:13:23 | 359 | Alexandra Bella | F | Van Anda |
| 20 | 2:16:23 | 372 | Kelly Meekma | F | Calgary |
| 21 | 2:16:24 | 371 | Cole McSweeney | M | Calgary |
| 22 | 2:18:15 | 357 | Ilyse Abraham | F | Tofino |
| 23 | 2:20:05 | 375 | Nola Morgan | F | Powell River |
| 24 | 2:24:28 | 369 | Jasmine McKay | F | Powell River |
| 25 | 2:33:35 | 360 | Sheila Garrison | F | Duncan |
| 26 | 2:59:18 | 361 | Janet Green | F | Courtenay |

8K - Airport to Shelter point, 10:30 am start

| Pl. | Time | Bib# | Name | Sex | City |
|-----|-------|------|--------------------|-----|--------------|
| 1 | 37:51 | 148 | Larry Nightingale | M | Halfmoon Bay |
| 2 | 39:45 | 147 | Teresa Nightingale | F | Halfmoon Bay |
| 3 | 40:18 | 151 | Thaelo Proctor | M | Halfmoon Bay |
| 4 | 40:35 | 119 | Paul Demers | M | Powell River |
| 5 | 41:34 | 131 | Caden Purdon | M | Calgary |

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|----|---------|-----|--------------------|---|--------------|
| 6 | 42:40 | 133 | Steve Purdon | M | Calgary |
| 7 | 43:09 | 145 | Layla Walker | F | Ladysmith |
| 8 | 43:35 | 139 | Theresa Verdiel | F | Powell River |
| 9 | 43:50 | 152 | Lucia Capretti | F | Van Anda |
| 10 | 45:14 | 132 | Jaron Purdon | M | Calgary |
| 11 | 45:16 | 146 | Alia Bickson | F | Powell River |
| 12 | 46:53 | 115 | Max Aslan | M | Gillies Bay |
| 13 | 47:23 | 144 | Callum Clarke | M | Gillies Bay |
| 14 | 47:24 | 138 | Nicole Verdiel | F | Powell River |
| 15 | 47:51 | 149 | Fran Feuer | F | Gillies Bay |
| 16 | 48:00 | 122 | Elizabeth Ferris | F | Victoria |
| 17 | 49:47 | 127 | Peter MacDougall | M | Gillies Bay |
| 18 | 49:48 | 126 | Laurie MacDougall | F | Gillies Bay |
| 19 | 51:41 | 128 | Mark Merner | M | Victoria |
| 20 | 52:04 | 116 | Eliana Claman | F | Vancouver |
| 21 | 52:07 | 143 | Emma Rott | F | Powell River |
| 22 | 52:08 | 121 | Marina Dratwa | F | Richmond |
| 23 | 52:50 | 124 | Linda Krepinsky | F | Powell River |
| 24 | 54:04 | 137 | Noemie Staempfli | F | Powell River |
| 25 | 54:30 | 150 | Sharon Scott | F | Gillies Bay |
| 26 | 54:32 | 140 | Jennifer Weaver | F | Powell River |
| 27 | 54:47 | 120 | Christa Dey-Girard | F | Maple Ridge |
| 28 | 55:01 | 135 | Jennifer Salisbury | F | Powell River |
| 29 | 55:37 | 142 | Keely Shaye | F | Gillies Bay |
| 30 | 56:03 | 136 | Michele Shannon | F | Powell River |
| 31 | 56:45 | 129 | Heather Millar | F | Victoria |
| 32 | 57:34 | 123 | Teresa Hollo | F | Van Anda |
| 33 | 57:39 | 141 | Lois Wilson | F | Gillies Bay |
| 34 | 1:07:39 | 125 | Erika Lewynsky | F | Lone Butte |