

7th Annual Run the Rock - Texada Island, BC - August 27, 2017

Marathon - Start/Finish Shelter Point Park, 7:00am start

| Place | Time | BIB | First Name | Last Name | City | Cat. | Pace/km |
|-------|---------|-----|------------|------------------|-----------------|--------|---------|
| 1 | 3:29:17 | 538 | Keith | Wakelin | Merville | M-MAST | 4:58 |
| 2 | 3:40:55 | 533 | Ralf | Dinter | North Vancouver | M-OPEN | 5:14 |
| 3 | 4:10:28 | 539 | Rob | Hare | Victoria | M-MAST | 5:56 |
| 4 | 4:14:09 | 531 | Benjamin | Pantony | Vancouver | M-OPEN | 6:01 |
| 5 | 4:18:09 | 524 | Laurance | Playford-Beaudet | Vancouver | F-OPEN | 6:07 |
| 6 | 4:43:33 | 520 | Cherry | Xie | West Vancouver | F-OPEN | 6:43 |
| 7 | 4:44:01 | 534 | Sean | Wilson | North Vancouver | M-OPEN | 6:44 |
| 8 | 4:55:18 | 522 | Eirielle | David | Vancouver | F-OPEN | 7:00 |
| 9 | 4:55:33 | 528 | Sue | Bennett | Campbell River | F-MAST | 7:00 |
| 10 | 4:55:50 | 525 | Brooke | Lawson | Courtenay | F-MAST | 7:01 |
| 11 | 4:55:50 | 535 | Rhys | Lawson | Seattle WA | M-MAST | 7:01 |
| 12 | 4:59:47 | 529 | Janet | Green | Comox | F-MAST | 7:06 |
| 13 | 5:19:47 | 540 | Rob | McWilliam | Gillies Bay | M-MAST | 7:35 |
| 14 | 5:28:20 | 536 | Don | Staniford | Heswall UK | M-MAST | 7:47 |
| 15 | 5:39:00 | 526 | Luce | Richer | Courtenay | F-MAST | 8:02 |
| 16 | 5:44:00 | 523 | Stephanie | Brogden | Burnaby | F-OPEN | 8:09 |
| 17 | 5:47:27 | 532 | Rob | Nolan | North Vancouver | M-OPEN | 8:14 |
| 18 | 5:53:02 | 527 | Lisa | Rae | Sechelt | F-MAST | 8:22 |

Half Marathon - Van Anda to Shelter Point Park, 8:30am start

| Place | Time | BIB | First Name | Last Name | City | Cat. | Pace/km |
|-------|---------|-----|-------------|-------------|-----------------|--------|---------|
| 1 | 1:25:50 | 296 | Derek | Campbell | Calgary AB | M-OPEN | 4:04 |
| 2 | 1:43:17 | 304 | Larry | Nightingale | Halfmoon Bay | M-MAST | 4:54 |
| 3 | 1:48:24 | 294 | Robert Noel | Hainsworth | Powell River | M-OPEN | 5:08 |
| 4 | 1:48:49 | 286 | Teresa | Nightingale | Halfmoon Bay | F-MAST | 5:09 |
| 5 | 1:49:43 | 267 | Christine | Quist | Chemainus | F-OPEN | 5:12 |
| 6 | 1:54:14 | 300 | Mathew | Wilson | Roberts Creek | M-MAST | 5:25 |
| 7 | 1:56:19 | 311 | Keith | Levien | Corvallis OR | M-MAST | 5:31 |
| 8 | 1:58:46 | 298 | Steven | Johns | Nanaimo | M-OPEN | 5:38 |
| 9 | 2:00:47 | 303 | David | Fyfe | New Westminster | M-MAST | 5:43 |

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|----|---------|-----|-----------|--------------|--------------------|--------|------|
| 10 | 2:02:31 | 284 | Nathalie | Seney | Port Coquitlam | F-MAST | 5:48 |
| 11 | 2:03:50 | 309 | George | Smith | Victoria | M-MAST | 5:52 |
| 12 | 2:03:50 | 310 | Bruce | Layzell | Powell River | M-MAST | 5:52 |
| 13 | 2:04:04 | 293 | Kaz | Tyabji | Powell River | M-OPEN | 5:53 |
| 14 | 2:04:36 | 264 | Kate | Thomas | Courtenay | F-OPEN | 5:54 |
| 15 | 2:04:36 | 263 | Emily | Marsh | Lantzville | F-OPEN | 5:54 |
| 16 | 2:06:58 | 313 | Richard | Scott | Powell River | M-MAST | 6:01 |
| 17 | 2:10:35 | 274 | Ashley | Brown | Duncan | F-OPEN | 6:11 |
| 18 | 2:10:55 | 266 | Carissa | Chung | Yellowknife NWT | F-OPEN | 6:12 |
| 19 | 2:15:28 | 302 | Luc | Bonneau | Saanichton | M-MAST | 6:25 |
| 20 | 2:16:52 | 312 | Robert | Smith | Campbell River | M-MAST | 6:29 |
| 21 | 2:19:13 | 277 | Alison | Missellbrook | Penticton | F-OPEN | 6:36 |
| 22 | 2:24:33 | 276 | Miya | Abe | Edmonton AB | F-OPEN | 6:51 |
| 23 | 2:24:56 | 282 | Maxine | Scott | Powell River | F-MAST | 6:52 |
| 24 | 2:24:56 | 285 | Rose | Logan | Powell River | F-MAST | 6:52 |
| 25 | 2:30:19 | 280 | Tabitha | Holmgren | Parksville | F-MAST | 7:07 |
| 26 | 2:31:24 | 288 | Kathy | English | Sidney | F-MAST | 7:11 |
| 27 | 2:31:56 | 279 | Jennifer | Dignard | Parksville | F-OPEN | 7:12 |
| 28 | 2:34:24 | 275 | Tanille | Johnston | Campbell River | F-OPEN | 7:19 |
| 29 | 2:35:58 | 314 | Dave | English | Sidney | M-MAST | 7:24 |
| 30 | 2:36:09 | 278 | Kimberlee | Johns | Nanaimo | F-OPEN | 7:24 |
| 31 | 2:38:16 | 272 | Crystal | Brown | Powell River | F-OPEN | 7:30 |
| 32 | 2:51:41 | 308 | Richard | Ziegler | Gillies Bay | M-MAST | 8:08 |
| 33 | 2:54:44 | 307 | Robert | Thompson | Red Deer County AB | M-MAST | 8:17 |
| 34 | 3:02:21 | 291 | Adrian | Burgos | North Vancouver | M-OPEN | 8:39 |

8K - Airport to Shelter Point Park, 10:30am start

| Place | Time | BIB | First Name | Last Name | City | Cat. | Pace/km |
|-------|-------|-----|------------|-----------|--------------|---------|---------|
| 1 | 32:22 | 45 | Will | Rice | Powell River | M-YOUTH | 4:03 |
| 2 | 36:20 | 60 | Jeff | Bjornson | Gibsons | M-OPEN | 4:32 |
| 3 | 39:10 | 55 | Nikki | Spence | Gillies Bay | F-MAST | 4:54 |
| 4 | 42:23 | 47 | Peter | Skipper | Gillies Bay | M-MAST | 5:18 |
| 5 | 44:45 | 54 | Fran | Feuer | Gillies Bay | F-MAST | 5:36 |
| 6 | 44:50 | 49 | Roberta | Sim | Gibsons | F-MAST | 5:36 |
| 7 | 49:00 | 50 | Lynette | Baldock | Surrey | F-MAST | 6:07 |
| 8 | 49:56 | 53 | Jeremy | Ricker | Van Anda | M-OPEN | 6:14 |

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|----|---------|----|------------|------------|-------------|---------|-------|
| 9 | 51:34 | 52 | Leanne | Ricker | Van Anda | F-OPEN | 6:27 |
| 10 | 52:33 | 51 | Laurie Ann | Williamson | Quadra | F-MAST | 6:34 |
| 11 | 52:37 | 57 | Elliott | Patterson | Merville | M-YOUTH | 6:35 |
| 12 | 52:54 | 56 | Salley | Evans | Merville | F-OPEN | 6:37 |
| 13 | 53:40 | 42 | Vashni | Skipper | Gillies Bay | F-MAST | 6:43 |
| 14 | 56:02 | 36 | Meridith | Bonneau | Saanichton | F-YOUTH | 7:00 |
| 15 | 58:55 | 48 | Robert | Hawkins | Vancouver | M-MAST | 7:22 |
| 16 | 1:04:05 | 59 | Nyah | Bennett | Mackenzie | F-YOUTH | 8:01 |
| 17 | 1:04:05 | 58 | Nikki | Bennett | Mackenzie | F-OPEN | 8:01 |
| 18 | 1:04:05 | 61 | Broden | Chase | Mackenzie | F-YOUTH | 8:01 |
| 19 | 1:04:05 | 63 | Lance | Bennett | Mackenzie | M-MAST | 8:01 |
| 20 | 1:07:10 | 44 | Margery | Hawkins | Vancouver | F-MAST | 8:24 |
| 21 | 1:56:17 | 40 | Nancy | Cameron | Gillies Bay | F-MAST | 14:32 |
| 22 | 1:56:17 | 41 | Bilan | Hersi | Gillies Bay | F-MAST | 14:32 |
| 23 | 1:56:17 | 62 | Wendy | Ressler | Gillies Bay | F-MAST | 14:32 |

Category Results

MARATHON

| Category | Pl. | BIB | Time | First Name | Last Name |
|----------|-----|-----|---------|------------|------------------|
| M-OPEN | 1 | 533 | 3:40:55 | Ralf | Dinter |
| M-OPEN | 2 | 531 | 4:14:09 | Benjamin | Pantony |
| M-OPEN | 3 | 534 | 4:44:01 | Sean | Wilson |
| M-OPEN | 4 | 532 | 5:47:27 | Rob | Nolan |
| M-MAST | 1 | 538 | 3:29:17 | Keith | Wakelin |
| M-MAST | 2 | 539 | 4:10:28 | Rob | Hare |
| M-MAST | 3 | 535 | 4:55:50 | Rhys | Lawson |
| M-MAST | 4 | 540 | 5:19:47 | Rob | Mcwilliam |
| M-MAST | 5 | 536 | 5:28:20 | Don | Staniford |
| F-OPEN | 1 | 524 | 4:18:09 | Laurance | Playford-Beaudet |
| F-OPEN | 2 | 520 | 4:43:33 | Cherry | Xie |
| F-OPEN | 3 | 522 | 4:55:18 | Eirielle | David |

| | | | | | |
|--------|---|-----|---------|-----------|---------|
| F-OPEN | 4 | 523 | 5:44:00 | Stephanie | Brogden |
| F-MAST | 1 | 528 | 4:55:33 | Sue | Bennett |
| F-MAST | 2 | 525 | 4:55:50 | Brooke | Lawson |
| F-MAST | 3 | 529 | 4:59:47 | Janet | Green |
| F-MAST | 4 | 526 | 5:39:00 | Luce | Richer |
| F-MAST | 5 | 527 | 5:53:02 | Lisa | Rae |

HALF MARATHON

| Category | Pl. | BIB | Time | First Name | Last Name |
|----------|-----|-----|---------|-------------|--------------|
| M-OPEN | 1 | 296 | 1:25:50 | Derek | Campbell |
| M-OPEN | 2 | 294 | 1:48:24 | Robert Noel | Hainsworth |
| M-OPEN | 3 | 298 | 1:58:46 | Steven | Johns |
| M-OPEN | 4 | 293 | 2:04:04 | Kaz | Tyabji |
| M-OPEN | 5 | 291 | 3:02:21 | Adrian | Burgos |
| M-MAST | 1 | 304 | 1:43:17 | Larry | Nightingale |
| M-MAST | 2 | 300 | 1:54:14 | Mathew | Wilson |
| M-MAST | 3 | 311 | 1:56:19 | Keith | Levien |
| M-MAST | 4 | 303 | 2:00:47 | David | Fyfe |
| M-MAST | 5 | 309 | 2:03:50 | George | Smith |
| M-MAST | 6 | 310 | 2:03:50 | Bruce | Layzell |
| M-MAST | 7 | 313 | 2:06:58 | Richard | Scott |
| M-MAST | 8 | 302 | 2:15:28 | Luc | Bonneau |
| M-MAST | 9 | 312 | 2:16:52 | Robert | Smith |
| M-MAST | 10 | 314 | 2:35:58 | Dave | English |
| M-MAST | 11 | 308 | 2:51:41 | Richard | Ziegler |
| M-MAST | 12 | 307 | 2:54:44 | Robert | Thompson |
| F-OPEN | 1 | 267 | 1:49:43 | Christine | Quist |
| F-OPEN | 2 | 264 | 2:04:36 | Kate | Thomas |
| F-OPEN | 3 | 263 | 2:04:36 | Emily | Marsh |
| F-OPEN | 4 | 274 | 2:10:35 | Ashley | Brown |
| F-OPEN | 5 | 266 | 2:10:55 | Carissa | Chung |
| F-OPEN | 6 | 277 | 2:19:13 | Alison | Missellbrook |
| F-OPEN | 7 | 276 | 2:24:33 | Miya | Abe |

| | | | | | |
|--------|----|-----|---------|-----------|-------------|
| F-OPEN | 8 | 279 | 2:31:56 | Jennifer | Dignard |
| F-OPEN | 9 | 275 | 2:34:24 | Tanille | Johnston |
| F-OPEN | 10 | 278 | 2:36:09 | Kimberlee | Johns |
| F-OPEN | 11 | 272 | 2:38:16 | Crystal | Brown |
| | | | | | |
| F-MAST | 1 | 286 | 1:48:49 | Teresa | Nightingale |
| F-MAST | 2 | 284 | 2:02:31 | Nathalie | Seney |
| F-MAST | 3 | 282 | 2:24:56 | Maxine | Scott |
| F-MAST | 4 | 285 | 2:24:56 | Rose | Logan |
| F-MAST | 5 | 280 | 2:30:19 | Tabitha | Holmgren |
| F-MAST | 6 | 288 | 2:31:24 | Kathy | English |

8K

| Category | Pl. | BIB | Time | First Name | Last Name |
|----------|-----|-----|---------|------------|-----------|
| ===== | | | | | |
| M-YOUTH | 1 | 45 | 32:22 | Will | Rice |
| M-YOUTH | 2 | 57 | 52:37 | Eliott | Patterson |
| | | | | | |
| M-OPEN | 1 | 60 | 36:20 | Jeff | Bjornson |
| M-OPEN | 2 | 53 | 49:56 | Jeremy | Ricker |
| | | | | | |
| M-MAST | 1 | 47 | 42:23 | Peter | Skipper |
| M-MAST | 2 | 48 | 58:55 | Robert | Hawkins |
| M-MAST | 3 | 63 | 1:04:05 | Lance | Bennett |
| | | | | | |
| F-YOUTH | 1 | 36 | 56:02 | Meridith | Bonneau |
| F-YOUTH | 2 | 59 | 1:04:05 | Nyah | Bennett |
| F-YOUTH | 3 | 61 | 1:04:05 | Broden | Chase |
| | | | | | |
| F-OPEN | 1 | 52 | 51:34 | Leanne | Ricker |
| F-OPEN | 2 | 56 | 52:54 | Salley | Evans |
| F-OPEN | 3 | 58 | 1:04:05 | Nikki | Bennett |
| | | | | | |
| F-MAST | 1 | 55 | 39:10 | Nikki | Spence |
| F-MAST | 2 | 54 | 44:45 | Fran | Feuer |
| F-MAST | 3 | 49 | 44:50 | Robertta | Sim |
| F-MAST | 4 | 50 | 49:00 | Lynette | Baldock |

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|--------|----|----|---------|------------|------------|
| F-MAST | 5 | 51 | 52:33 | Laurie Ann | Williamson |
| F-MAST | 6 | 42 | 53:40 | Vashni | Skipper |
| F-MAST | 7 | 44 | 1:07:10 | Margery | Hawkins |
| F-MAST | 8 | 40 | 1:56:17 | Nancy | Cameron |
| F-MAST | 9 | 41 | 1:56:17 | Bilan | Hersi |
| F-MAST | 10 | 62 | 1:56:17 | Wendy | Ressler |